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ACADEMIC PE PATHWAY

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Anatomy & Physiology Psychology Technology

AQA A-level PE

Skill Acquisition, Theories of Learning, Sport & Society

Identification of practical sport

Psychology & Sport and Society

Biomechanics

MOTIVATE & LEAD

Paper 2 – Socio-cultural influences

Paper 1 – Effects of exercise

Formal Exams

10

MOTIVATE & LEAD

GCSE Paper 1&2 NEA Practical NEA Coursework

Paper 1 – Physical Training

Paper 2 – Health, Fitness & Wellbeing

Paper 2 – Sports Psychology

Paper 1 – Cardio-respiratory

AQA GCSE PE

Paper 1 - Musculoskeletal system

Paper 1 – Movement analysis

Formal PPEs

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EVALUATE & CREATE

KS3 Assessment points after each sport

Athletics
Pupils evaluate technique and use peer-feedback to improve performance and relate to normative data

Students will be able to identify rules in badminton and apply skills to achieve a successful outcome as a team

Pupils will build on skills and apply to flight in gymnastics and perform a routine to music.

Cricket, Rounders & Tennis

Badminton

Football & Tag Rugby

Gymnastics

Netball Basketball

Baseline Testing & XC

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APPLY & COLLABORATE

Pupils will be able to evaluate their performance in striking & fielding and use tactics to outwit opponents

Pupils will implement tactics into game situations and practice new skills in tag rugby

Pupils will be able to assess own performance and use tactics in a game situation

Pupils will be able to identify components of fitness, recognize fitness tests and compare to normative data

Baseline Testing & XC

Netball Basketball

Gymnastics

Hockey & Football

Badminton

Cricket, Rounders & Tennis

Pupils will practice a range of athletics events and develop technique. Students will learn new skills in badminton such as serving.

Athletics/ Badminton

Pupils will understand the process of baseline testing and start to identify components of fitness with normative data

Pupils will recap basic skills from Yr7 but will apply them to more of an opposition to outwit opponents

Pupils will collaborate and practice balances in gymnastics and perform a routine to music.

Pupils will build on knowledge of skills and collaborate with others to outwit opponents in game situations

Students will apply skills in badminton and how to outwit opponents.

Pupils will apply skills to game situations and how to outwit opponents

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DEVELOP & EXPLORE

Gymnastics

Cricket, Rounders & Tennis

Hockey & Football

Netball Basketball

Baseline Testing & XC

Pupils will develop an understanding of rolls and jumps in gymnastics and perform a routine to music.

Pupils will explore and develop key skills in striking and fielding activities. Students will develop basic skills such as forehand and backhand

Pupils will develop and practice basic skills required in these activities in drills, conditioned and small sided-games

Pupils will explore basic skills such as passing and dodging in drills and games.

Pupils will be introduced to Baseline testing and XC. Students will understand the importance of a warm up & cool down.

START

Pupils will recap skills from Year 7 and apply technique to improve their performance.